

**Stearns Champions Park
Adaptive Recreation in a
Special Environment
A.R.I.S.E.**

**4520 East 23rd Street
Long Beach, CA 90815
Phone: (562) 570-1685**

**City of Long Beach Parks, Recreation & Marine
Community Recreation Services**



**STEARNS CHAMPIONS PARK A.R.I.S.E. PROGRAM
Adaptive Recreation Program
Monday - Friday 2PM - 5PM**

The A.R.I.S.E. Program provides sports, recreational, and social activities for Long Beach residents with disabilities. In addition, the *Adaptive A.R.I.S.E. Recreation* program provides information and referral services for the disabled.

FEBRUARY 2017

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------|--|--|--|--|--|
| <i>Me And My Shadow</i> | | | 1 <u>Arts & Crafts</u> Winter Tree Finger Painting <u>Dining Out</u> | 2 <u>Field Trip</u> Dollar Tree | 3 <u>Bowling</u> \$2 With Shoes \$4.75 With Out Shoes |
| <i>Be My Valentine</i> | 6 <u>Cooking Class</u> Sugar Cookies | 7 <u>Healthy Champions</u> Hockey | 8 <u>Arts & Crafts</u> Paper Plate Snow Man | 9 <u>Field Trip</u> Seal Beach | 10 <u>Bowling</u> \$2 With Shoes \$4.75 With Out Shoes |
| <i>"Four Score And Seven Years"</i> | 13 <u>CLOSED</u> PRESIDENTS DAY | 14 <u>Healthy Champions</u> Dodge Ball | 15 <u>Arts & Crafts</u> Eskimo Craft <u>Movie Night</u> | 16 <u>Field Trip</u> Port Of Los Angeles | 17 <u>Bowling</u> \$2 With Shoes \$4.75 With Out Shoes |
| <i>Year Of The Rooster</i> | 20 <u>Cooking Class</u> Pineapple Upside Down Cake | 21 <u>Healthy Champions</u> Exercise Games | 22 <u>Arts & Crafts</u> Chinese Calendars | 23 <u>Field Trip</u> Nature Center | 24 <u>Bowling</u> \$2 With Shoes \$4.75 With Out Shoes |
| <i>Rollin Along</i> | 27 <u>Cooking Class</u> Apple Pie Egg Rolls | 28 <u>Healthy Champions</u> Basketball | | | |

**Dining Out Program
First Wednesday Of The Month**

February 1 @ Ecco's Pizza (\$20.00)

**Movie Night
Third Wednesday Of The Month**

**February 15 @ LAKEWOOD CENTER
\$25.00 Minimum**

ARISE PROGRAM

Monday: Cooking Class

Tuesday: Healthy Champions

Wednesday: Arts & Crafts

Thursday: Field Trip

**Friday: Bowling @ Cal Bowl \$2.00 With Shoes
\$4.75 Without Shoes**

Closed Monday February 13

**THE HANDIVAN IS ON A FIRST COME FIRST SERVE
BASIS. HANDIVAN RESERVATIONS ARE TAKEN ON
MONDAY MORNING OF THE EVENT'S WEEK.
PLEASE CALL (562) 570-1685 TO REQUEST THE
HANDIVAN.**

YOU WILL RECEIVE A CALL IF THE VAN IS FULL

CALENDAR IS SUBJECT TO CHANGE